



## 2018 CHAMPIONSHIP STEPS

	<b>7 &amp; under 12 years</b>	<b>12 &amp; under 16 years</b>	<b>16 years &amp; over</b>
<b>FLING</b>	1 <sup>st</sup> Step: Shedding 2 <sup>nd</sup> Step: First Back-Stepping 7 <sup>th</sup> Step: Double Shake and Rock 8 <sup>th</sup> Step: Last Shedding	1 <sup>st</sup> Step: Shedding 2 <sup>nd</sup> Step: First Back-Stepping 4 <sup>th</sup> Step: Rocking 6 <sup>th</sup> Step 4 <sup>th</sup> Alternative: Crossover with Low Cut 5 <sup>th</sup> Step Alternative: Second Back-Stepping 8 <sup>th</sup> Step: Last Shedding	1 <sup>st</sup> Step: Shedding 2 <sup>nd</sup> Step: First Back-Stepping 4 <sup>th</sup> Step Alternative: Shake and Turn 6 <sup>th</sup> Step 5 <sup>th</sup> Alternative: Crossover with Shake and Low Cut 5 <sup>th</sup> Step Alternative: Second Back-Stepping 8 <sup>th</sup> Step: Last Shedding
<b>SWORD</b>	Intro: 6 count bow, place on ½ point 1 <sup>st</sup> Step: Addressing the Swords 4 <sup>th</sup> Step: Pointing (alternative finish) 8 <sup>th</sup> Step: Crossing and Pointing	Intro: 6 count bow, place on ½ point 1 <sup>st</sup> Step: Addressing the Swords 4 <sup>th</sup> Step: Pointing (alternative finish) 3 <sup>rd</sup> Step: Toe-and-Heel (second alternative ending) 8 <sup>th</sup> Step: Crossing and Pointing	Intro: 6count bow, place on ½ point 1 <sup>st</sup> Step: Addressing the Swords 6 <sup>th</sup> Step: Reverse Points 3 <sup>rd</sup> Step: Toe-and-Heel (first alternative ending finishing in 4 <sup>th</sup> position over sword 1) 8 <sup>th</sup> Step: Crossing and Pointing
<b>SEANN TRIUBHAS</b>	Intro: Basic 1 <sup>st</sup> Step: Brushing 2 <sup>nd</sup> Step: Side Travel 10 <sup>th</sup> Step Alternative: High Cut in Front and Balance (no travel) 18 <sup>th</sup> Step: Back-Stepping Finish: Entrechat Method 2	Intro: Basic 1 <sup>st</sup> Step: Brushing 2 <sup>nd</sup> Step: Side Travel 10 <sup>th</sup> Step Alternative: High Cut in Front and Balance (no travel) 11 <sup>th</sup> Step: Side Heel-and-Toe (2 shakes and 2 pivots) 16 <sup>th</sup> Step: Heel-and-Toe and Shedding 18 <sup>th</sup> Step: Back-Stepping Finish: Entrechat Method 4	Intro: Basic 1 <sup>st</sup> Step: Brushing 2 <sup>nd</sup> Step: Side Travel 7 <sup>th</sup> Step: Entrechat and High Cut 11 <sup>th</sup> Step: Side Heel-and-Toe (2 shakes and 2 pivots) 16 <sup>th</sup> Step: Heel-and-Toe and Shedding 18 <sup>th</sup> Step: Back-Stepping Finish: Entrechat Method 6
<b>STRATHSPEY and REEL OF TULLOCH</b>	Intro: Alternative Ending: 1 <sup>st</sup> Alternative Setting Steps: 3 <sup>rd</sup> Step: Toe-and-Heel 2 <sup>nd</sup> Step: First Back-Stepping Reel Steps: 1 <sup>st</sup> Step: Pas De Basque 2 <sup>nd</sup> Step: Shake and Travel 3 <sup>rd</sup> Step 1 <sup>st</sup> Alternative: Balance and Pas De Basque Last Step: High Cutting	Intro: Alternative Ending: 1 <sup>st</sup> Alternative Setting Steps: 3 <sup>rd</sup> Step: Toe-and-Heel 6 <sup>th</sup> Step 4 <sup>th</sup> Alternative: Crossover with Low Cut Reel Steps: 1 <sup>st</sup> Step: Pas De Basque 2 <sup>nd</sup> Step Alternative: Shake and Travel 3 <sup>rd</sup> Step 1 <sup>st</sup> Alternative: Balance and Pas De Basque Last Step: High Cutting	Intro: Alternative Ending: 3 <sup>rd</sup> Alternative Setting Steps: 3 <sup>rd</sup> Step: Toe-and-Heel 6 <sup>th</sup> Step 2 <sup>nd</sup> Alternative: Crossover with Pause Reel Steps: 1 <sup>st</sup> Step: Pas De Basque 7 <sup>th</sup> Step: Back-Step and Travel 3 <sup>rd</sup> Step 2 <sup>nd</sup> Alternative: Balance and Pas De Basque Last Step: High Cutting